

OSHA 10/30-HOUR CLASS

JUNE 8, 10, 15, 17

8 AM-5 PM

**Mid-State Safety
2306 Bedford Avenue
Lynchburg, Virginia 24503**

\$499 per person for 30-hour; \$199 for 10-hour training. CEUs awarded by Mid-State Safety. Lunch provided. Contact us for reduced group rates.

For enrollment, send email to fgoodwin@midstatesafety.com
or call 434-528-1001

Our comprehensive safety training program is designed for foremen, supervisors, managers, safety committee members, safety staff, and any employee with responsibility for safety and/or health.



OSHA TRAINING

Participants who complete the OSHA 30-hour training course offered by Mid-State Safety receive the official DOL/OSHA 30-hour course wallet card accepted in all 50 states and a certificate from Mid-State Safety with 3 CEUs. The class also offers a 10/30-hour card for Construction.

Classes are presented with lecture, videos, slides, live demonstrations, hands on use of personal protective equipment, and much participant interaction. The instructors, Frank D. Goodwin, and Joni L. Organ are OSHA compliance experts



Seminar Hosted By

THE MID-STATE GROUP
Growth Positioning Strategies

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